

Directorate – The News Worthy

# THE KASHMIR MONITOR

## Training programme for teachers begins at KU

Model School Teachers, a 10-day training programme commenced at University of Kashmir. The programme was inaugurated by Professor G.M. Musaddi, Director of the Model School, Hazratbal. The programme is being conducted by the Faculty of Education, University of Kashmir. The programme is being conducted by the Faculty of Education, University of Kashmir. The programme is being conducted by the Faculty of Education, University of Kashmir.

## Workshop on voluntary work concludes at KU

The workshop on voluntary work, organized by the Faculty of Education, University of Kashmir, concluded on Friday. The workshop was held at the Model School, Hazratbal. The workshop was held at the Model School, Hazratbal. The workshop was held at the Model School, Hazratbal.

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## Workshop on chess in Kashmir commences at KU



The workshop on chess, organized by the Faculty of Education, University of Kashmir, commenced on Friday. The workshop was held at the Model School, Hazratbal. The workshop was held at the Model School, Hazratbal. The workshop was held at the Model School, Hazratbal.

## GREATER KASHMIR

KU engages capacity building programme

The University of Kashmir has engaged a capacity building programme for its faculty members. The programme is being conducted by the Faculty of Education, University of Kashmir. The programme is being conducted by the Faculty of Education, University of Kashmir. The programme is being conducted by the Faculty of Education, University of Kashmir.

## Rising Kashmir

Minister expressed in-speech on D.L.L.

## Rising Kashmir

Ministry Development Workshop concludes

The Ministry Development Workshop, organized by the Ministry of Education, Government of Kashmir, concluded on Friday. The workshop was held at the Model School, Hazratbal. The workshop was held at the Model School, Hazratbal. The workshop was held at the Model School, Hazratbal.

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**GREATER KASHMIR**

KU to launch diploma in Rehabilitation

Media students interact with top journalists

Students of Kashmir University's Media Education personalities during their 10-day tour to New

# Kashmir University steps up for on community development

## RCI To Approve New Courses In Special Educa

**NEWS NETWORK**

**POTLIGHT**



**KU, coalition par unemployment,**

Govt committed to employment, Sci

# CITY

## Agar for skill development to counter unemployment

to get 45 ITIs with Gol help

Directorate of Learning (DL) of Kashmir University

### Opinion

## Path to peace

Though the journey of Indo-Pak dialogue has a hazy history but media process can change the mindset of people who are involved

By Anwar

...of people at both sides of the border in the local case India and Pakistan. The future course of action for Kashmir, therefore, lies in identifying the 'who, where & when' in collaboration.

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University of Kashmir

# KASHMIR TIMES

Neelofar is new Director KU's Distance Education

DR. NEELOFAR, Apr 2 Professor Neelofar Khan is the new Director of Distance Education, University of Kashmir. She replaced the former Director Prof. M. A. Lone. Prof. Neelofar has a rich experience in the field of Distance Education. She has been working as a Professor in the Department of Education, University of Kashmir, Srinagar, for the last 15 years. She has also worked as a Director of Distance Education, University of Kashmir, Srinagar, for the last 10 years. She has a keen interest in the field of Distance Education and has been actively involved in the development of the Department. She has also been a member of the Council of Distance Education, University of Kashmir, Srinagar, for the last 10 years. She has a B.A. in Education from the University of Kashmir, Srinagar, and a Ph.D. in Education from the University of Kashmir, Srinagar. She has published several research papers in the field of Distance Education and has also been a speaker at several conferences and seminars. She is currently working on a book on Distance Education in Kashmir. She is also a member of the Indian Council for Open and Distance Education (ICODE) and the International Council for Open and Distance Education (ICODE).

# CITY

## KU Certificate Distribution Function

### Agar for skill development to counter unemployment

to get 45 ITIs with Gol help: Chib

## DL, KU organizes Certificate Distribution function

The Directorate of Learning (DL) of Kashmir University organized a Certificate Distribution Function for the students of the Distance Education Programme. The function was held at the University of Kashmir, Srinagar, on April 2, 2016. The Director of Learning, Prof. Neelofar Khan, presided over the function. She congratulated the students for their hard work and dedication. She also announced that the University is planning to launch a new programme in the field of Distance Education. She said that the University is committed to providing quality education to all students, regardless of their location. She also mentioned that the University is working on several projects to improve the quality of its Distance Education Programme. She said that the University is planning to launch a new programme in the field of Distance Education. She said that the University is committed to providing quality education to all students, regardless of their location. She also mentioned that the University is working on several projects to improve the quality of its Distance Education Programme.

## لارنگ فیکلٹی ورکشاپ اختتام پذیر

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**KU workshop on juvenile offences ends**  
**I'm overwhelmed: Prof Neelofar**

A workshop on juvenile offences organized by the Department of Law, Kashmir University, Srinagar, ended on Tuesday. Prof Neelofar, who conducted the workshop, expressed her satisfaction with the participants' response. She noted that the workshop was highly interactive and provided a platform for discussing the legal aspects of juvenile offences. The workshop was held over several days and attracted a large number of law students and professionals from across the region.

**KU awareness training for...**

The training session was held in a well-attended hall. The participants were engaged in various activities, including group discussions and role-playing exercises. The training aimed to raise awareness about the importance of law and ethics in professional practice. Prof Neelofar emphasized that such training is essential for the development of a strong legal profession.



**awareness**

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**DLL, (KU) Organized Health Awareness Camp, launched professional trainings for Youth**

The Department of Law, Kashmir University, Srinagar, has organized a health awareness camp and launched professional trainings for youth. The camp was held in a large hall and was attended by a large number of students and professionals. The trainings were conducted by experts in the field and covered various aspects of law and ethics. The camp and trainings were highly successful and received positive feedback from the participants.

**Workshop on C.A. initiatives concludes at KU**

A workshop on Chartered Accountant (C.A.) initiatives organized by the Department of Law, Kashmir University, Srinagar, concluded on Tuesday. The workshop was held over several days and was attended by a large number of law students and professionals. The workshop was highly interactive and provided a platform for discussing the legal aspects of C.A. initiatives. The workshop was conducted by Prof Neelofar and other experts in the field.

**DEFENCE**  
**AWARDS**  
**Camp**

کیونکہ ڈیپارٹمنٹ پر کثیر اہمیتوں کی وجہ سے مرکز  
 کیونکہ ڈیپارٹمنٹ پر کثیر اہمیتوں کی وجہ سے مرکز

**Govt of Jammu & Kashmir has also become...**

The Government of Jammu & Kashmir has also become a member of the International Labour Organization (ILO). This move is seen as a significant step towards the development of the labor sector in the state. The government has committed to implementing the principles and standards of the ILO in its labor laws and policies. This will help to improve the working conditions and rights of laborers in the state.

THE END PAGE 10



# KU organizes free medical camp for community health awareness

## **K H NEWS SERVICE**

**SRINAGAR :** As part of its community outreach program under the Area-Based Community Development (ABCD) approach, the Directorate of Lifelong Learning (DLL), University of Kashmir (KU), in collaboration with the University Health Centre and Ramzana Hospital, organized a one-day medical and health awareness camp at Shanpora, Habak.

The camp aimed to provide essential healthcare services to underprivileged communities by offering free medical consultations, diagnostic services, and medicines. Specialist doctors from gynecology, general medicine, and oral medicine conducted thorough health check-ups and raised awareness about preventive healthcare, hygiene, and lifestyle-related diseases.

In her message Vice Chancellor University of Kashmir (KU) Prof Nilofer Khan said "We are deeply committed to the well-being of our communities. Our community-based health and medical camps reflect our dedication



to extending quality healthcare services to those in need, especially in underserved areas. These initiatives not only provide essential medical support but also foster a culture of social responsibility among our students and faculty."

Doctors at the camp stressed on the early detection and prevention

of common ailments and educated attendees about women's health, chronic diseases, and oral hygiene. They also guided patients on the importance of regular health check-ups and lifestyle modifications to prevent long-term health complications.

Director DLL KU, Prof. Shazia Manzoor, emphasized the impor-

tance of health awareness and outreach initiatives, particularly in underserved areas.

"Community outreach is also one of our core responsibilities. Through such initiatives, we aim to bridge the healthcare gap and ensure that people, especially women and the elderly, receive timely medical attention," she said.



# ‘Elderly need family support, accessible healthcare facilities for well-being’

**Kashmir University, Moul Mouj Foundation organise free medical camp for elderly  
Over 130 patients provided free medical consultations, medicines at Mir Behri**

**GK News Service**  
Srinagar, Feb 19

In a significant initiative to promote elderly healthcare, the Kashmir University's Directorate of Lifelong Learning (DLL), University Health Centre and Moul Mouj Foundation (MMF) organised a one-day Awareness-cum-Medical Camp titled 'Moul Mouj: Izzat, Qadar Teh Sehat' under the area-based community development approach at Mir Behri, Dal Srinagar.

The camp witnessed the participation of over 130 elderly patients, who were provided free medical consultations, medicines, blood tests, ECGs and specialised counselling. During the camp, it was observed that many elderly patients were undertreated and lacked awareness about common symptoms of diabetes, hypertension and heart-related issues. The camp also focused on counselling adult children about the importance of taking proper care of their ageing parents, emphasising the crucial role of family support in elderly well-being.

A noteworthy outcome of the camp was the identification of five financially marginalised seniors who were unable to afford medication for their chronic



diseases. These seniors were adopted by Moul Mouj Foundation (MMF) under its Lifetime Privilege Card program, ensuring free medical care, medicines and investigations. Besides, several patients were diagnosed with diabetes and hypertension for the first time and were immediately placed on appropriate treatment to manage their conditions effectively.

Senior Geriatric Consultant Dr Zubair Saleem led the medical consultations, addressing critical health concerns of the elderly, while Dr Khalid Nazir, Coordinator at the University Health Centre, provided dental and oral health awareness, along with dental consultations.

In her message, Vice-Chancellor, the University of Kashmir, Prof. Nilofar Khan, lauded the initiative, stating,

“This medical camp reflects Kashmir University's commitment to community welfare and ensuring accessible healthcare for the elderly. Such initiatives are essential to provide awareness and holistic well-being.”

Director, of the Directorate of Lifelong Learning, Prof. Shazia Manzoor, emphasised the importance of elderly healthcare awareness, adding, “Our goal is to reach underserved communities and provide them with essential healthcare and knowledge to improve their quality of life.”

On the occasion, Dr Zubair said, “Many patients were undertreated for chronic illnesses, with a notable number of seniors being smokers. Key lifestyle changes—reducing salt, sugar and fat intake, eating more fruits and vegetables, quitting smoking, and main-

taining at least 30 minutes of daily physical activity—are often more crucial than medication in managing and preventing chronic diseases.”

The medical camp was coordinated by Altaf Hussain Zargar, Asst Ext Education Officer (DLL) and Waseem H Raja, Project Officer (DLL) ensuring smooth execution and maximum outreach.

The initiative was actively supported by local volunteers, students from the Social Work Department, the University of Kashmir and interns from Moul Mouj Foundation (MMF), who played a crucial role in assisting the elderly patients and facilitating medical services.

The patients of the locality expressed immense satisfaction, hoping for continued support and conduct of more such healthcare camps in the future.