



DIRECTORATE OF LIFELONG LEARNING & SKILL DEVELOPMENT

SEMESTER-1 ST	COURSE CODE: FD101_DLL	COURSE TYPE CORE:(4 UNITS)
PRACTICAL ASSESSMENT =100	THEORY ASSESSMENT=50	PASS PERCENTAGE=50

COURSE INTRODUCTION

The Three-Month Certificate Course in Fashion Designing is designed to provide participants with the essential knowledge and practical skills required to begin a career in the fashion and garment industry. The course aims to develop creativity, technical expertise, and entrepreneurial abilities through a combination of theoretical learning and hands-on training.

During the course, trainees will learn the fundamentals of fashion designing, fabric selection, colour combinations, garment construction, pattern making, stitching techniques, embroidery, and finishing. They will also gain an understanding of current fashion trends, customer preferences, and basic fashion industries.

This short-term programme is suitable for beginners, school and college students, homemakers, unemployed youth, and aspiring entrepreneurs who wish to acquire market-oriented skills for self-employment or further professional training. By the end of the course, participants will be able to design and stitch a variety of garments confidently and apply their skills to establish small-scale tailoring or fashion designing ventures / startups.

OBJECTIVES OF THE COURSE

1. To provide professional training in fashion designing and apparel development.
2. To develop technical skills in garment designing, pattern making, and construction.
3. To provide practical exposure to fashion industry practices.
4. To enhance employment opportunities in the apparel sector.
5. To promote start-up and self-employment through boutique and fashion enterprises.
6. To create a skilled workforce aligned with day-to-day industry requirements

THE DETAILS OF THE PROGRAMME

S. No.	Particulars	Details
1.	Name of Programme	Fashion Designing
2.	Duration	03-months
3.	Sector	Apparel / Fashion Designing
4.	Training Mode	Theory + Practical +Exposure Visit
5.	Proposed Academic Year	2026–27
6.	Target Group	Unemployed beneficiaries / dropouts
7.	Certification	DLL&SD, University of Kashmir
8.	Assessment	Through approved assessment mechanism



ELIGIBILITY CRITERIA FOR CANDIDATES

Candidates will be selected in accordance with the applicable norms.

- Minimum educational qualification: **8th Pass** with a **Basic Cutting and Tailoring** course.
- Age: **Up to 40 years**.
- Demonstrated interest and aptitude in Fashion Designing.
- Willingness to participate in skill training and assessment.

PRIORITY MAY BE GIVEN TO:

- Unemployed Beneficiaries
- Women candidates
- Candidates Economically weaker sections
- Candidates interested in Start-up

UNIT-I (THEORICAL PART)

FUNDAMENTALS OF FASHION DESIGNING

TOPICS:

- Introduction to fashion industry
- Fashion terminology
- History of fashion
- Fashion trends and forecasting
- Dyeing, Printing and finishing techniques
- Fabric construction techniques
 - Weaving
 - Knitting
 - Non-woven fabrics

UNIT-II

FASHION ILLUSTRATION AND ART

Topics:

- Fashion figure drawing
- Design sketches
- Colour theory
- Development of fashion rendering techniques
- Eight-head fashion croquis and proportional drawing
- on croquis and proportional drawing
- Design presentation techniques



UNIT-III (PRACTICAL PART)

PATTERN MAKING, DRAPING & GARMENT CONSTRUCTION

Topics:

- Introduction to pattern making tools and techniques
- Drafting of basic bodice, sleeve, skirt, and trouser blocks
- Flat pattern development methods
- Pattern alteration and adaptation techniques
- Understanding garment measurements and sizing system
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UNIT-IV

SEWING AND GARMENT CONSTRUCTION

Topics:

- familiarization with industrial sewing machines and equipment
- Machine handling, maintenance and safety practices
- Construction techniques including seams, draft, gathers, pleats, tucks, and hems
- Professional finishing methods such as French seams, bias finishing and edge treatments
- Assembly of basic garments and quality finishing standards

UNIT-V (PROJECT SUBMITTSION)

Each trainee shall undertake and submit a practical project demonstrating the knowledge and skills acquired during the course.

The project shall include:

- Selection of an appropriate garment/design.
- Pattern drafting and fabric layout.
- Cutting and stitching of the garment.
- Application of suitable construction and finishing techniques.
- Final presentation of the completed garment with proper quality finishing.

Assessment Criteria:

- Accuracy of pattern drafting and cutting.
- Quality of stitching and garment construction.
- Application of finishing techniques.
- Overall appearance, fit, and workmanship.
- Timely submission and presentation of the projec



IMPLEMENTATION PLAN

The programme shall be implemented through the following stages:

Stage 1: Mobilization and Counselling

- Conduct awareness campaigns to reach and motivate eligible unemployed youth dropouts.
- Candidate registration and collection of relevant details.
- Counselling sessions for career guidance, motivation, and understanding of training opportunities.
- Screening and selection of suitable candidates for programme participation.

Stage 2: Training Delivery

- Conduct structured theory and practical training sessions as per the approved curriculum.
- Ensure regular attendance monitoring and participant engagement.
- Provide practical assignments, hands-on exercises, and skill-based activities to enhance competency.

Stage 3: Assessment and Certification by DLL, KU

- Conduct candidate assessments to evaluate knowledge, skills, and practical proficiency.
- Issue certificates to candidates who successfully complete the training programme through DLL, KU.

Stage 4: Placement and Startup Support

- Provide career guidance and placement assistance to successful trainees.
- Support entrepreneurial candidates through startup guidance, mentoring, and incubation support.
- Facilitate incubation of promising beneficiaries by connecting them with relevant startup ecosystems and expert support.